



North Mids Refs

Tackle Height

RESPONSIBILITIES OF THE TACKLER



- **Must** tackle/attempt to tackle below the base of the sternum.
- Tackles above the base of the sternum may be liable to sanction.
- A second tackler is permitted (below the base of the sternum).
- Players can attempt to compete or rip the ball, as long as they are not reckless or dangerous.

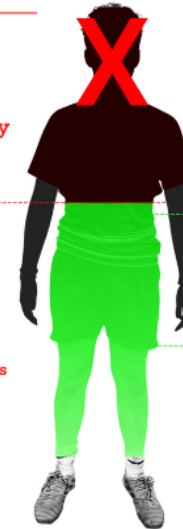
COMMUNITY GAME: TACKLE HEIGHT



Any tackles above the base of the sternum may be liable for sanction

**BELOW THE BASE
OF THE STERNUM**

RESPECT
We respect our match officials
and accept their decision



**TARGET THE
BELLY**

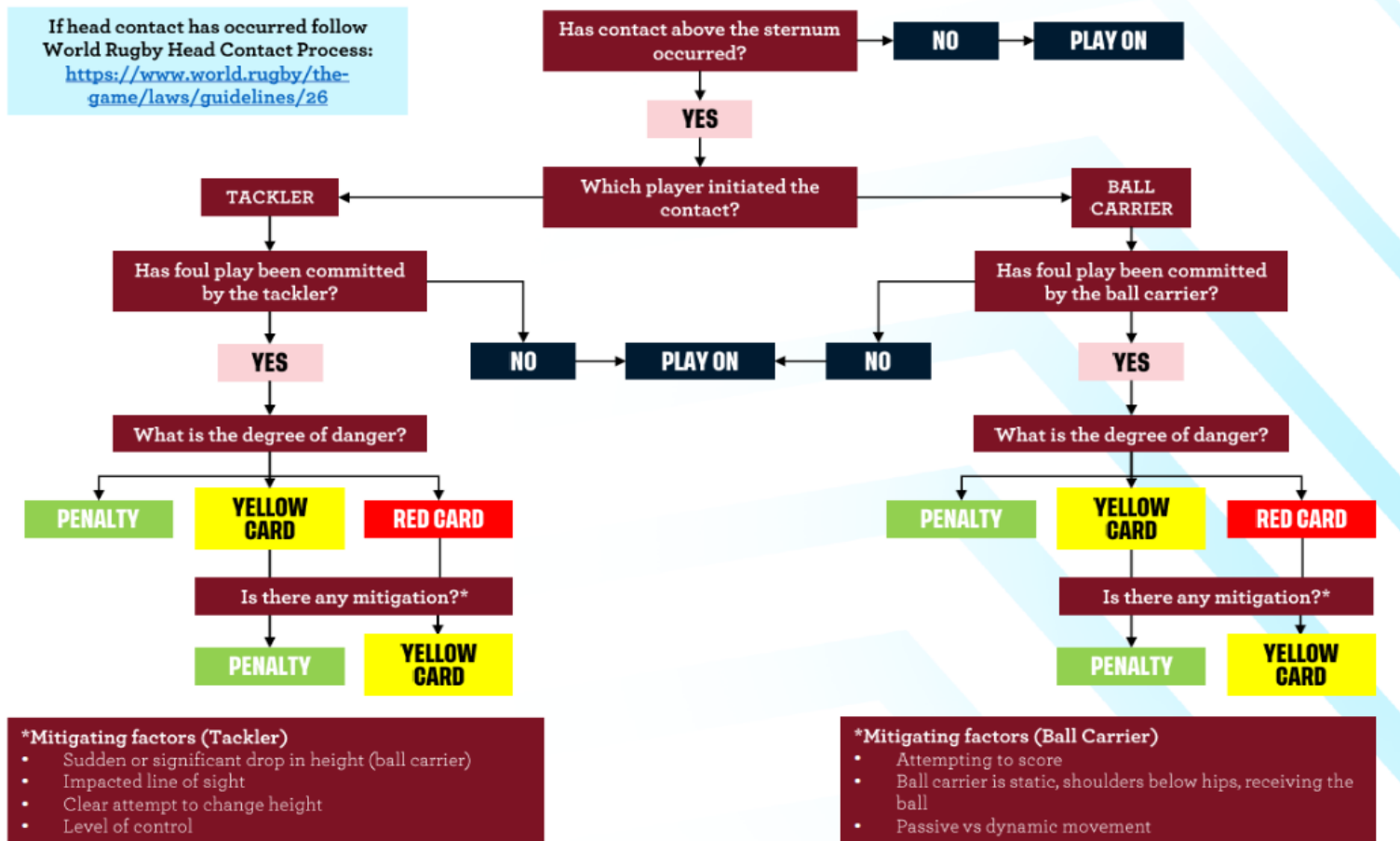
OR

**TARGET THE
THIGHS**



High Tackle Framework

ENGLAND RUGBY DLV TACKLE HEIGHT FRAMEWORK



Ball Carrier

RESPONSIBILITIES OF THE BALL CARRIER



COMMUNITY GAME: RESPONSIBILITIES OF THE BALL CARRIER



To minimise the risk of head-to-head contact a ball-carrier must not lower their body height or dip down just before contact with an opponent.

RESPECT

We respect our match officials and accept their decision.

This might be described as
“LATE AND LOW”
and may be liable for sanction.



- Ball carriers **must not** lower their height significantly before making contact with an opponent in open play.
- Ball carrier **must not** lower their **head below** their **hips**.

COMMUNITY GAME: RESPONSIBILITIES OF THE BALL CARRIER



To minimise the risk of head-to-head contact a ball carrier must not lower their body height or dip down just before contact with an opponent.

RESPECT

We respect our match officials and accept their decision.

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“LATE AND LOW”
and may be liable for sanction.



Resources

- <https://www.englandrugby.com/participation/playing/tackle-height>
- <https://www.englandrugby.com/dxdam/5c/5c5a713c-b971-43d5-a1e8-e8f765faf984/Tackle%20Height%20Law%20Application%20Guidelines.pdf>
- <https://www.englandrugby.com/dxdam/0d/0d96d7ca-0a4b-4157-b4d2-f751aedf04bc/Tackle%20Height%20Sanction%20Framework.pdf>



Substitutions & Interchanges

Interchanges

Number of Replacements	Player Interchanges
Up to 3	8
4	9
5 or 6	10
7	12

Limits at 1 time? - 2 at one time

Can a player who has left the field injured return? - Yes only once (Apart R&R)

Does blood class as an Interchange? - Yes

Blood - What if they are out of interchanges? - Player not replaced team continue a player down